Dunedin has joined the many cities in the world in which a University of the Third Age has been founded

Beginning in France in the mid seventies the U3A movement has now spread to most countries and has many hundreds of thousands of members.

U3A is a response to the idea that human life is divided into three periods: firstly, childhood and schooling; secondly, child rearing and work; and thirdly retirement.

The third age is seen to provide the greatest opportunities for learning and understanding because it is during this period of retirement that the idea of a university as a community of those who seek greater understanding through learning can be put into practice.

The unique characteristics of U3A

- Learning topics are selected by the members
- Indepth courses are planned by members
- Opportunities for reading, research and discussion are provided
- Presenters/facilitators are usually members of the groups
- The company of others who enjoy learning is ensured
- The atmosphere for learning is informal and friendly
- There are no examinations
- There are no compulsory activities
- Courses take place during daylight hours
- Costs are minimal and within the reach of everybody

ADMINISTRATION

Dates: Wednesdays

Time: 10.30am-12.30pm

Fee: \$40.00

Tea and coffee provided

Enrolments

You are able to enrol in more than one programme (subject to numbers). If you wish to enrol for more than one programme, you *must indicate your choice* on the Enrolment Form.

To be received on or before 26th May 1998 Unless you are contacted beforehand you may assume you are in the class.

Venue:

All sessions are held at Frank Nichol Room, Knox Theological Hall, Arden St.

Session Leaders

John Drummond (Music) Katherine Dolby (Admin) THE UNIVERSITY OF THE THIRD AGE

U₃A

A NEW LEARNING OPTION FOR THE RETIRED

MUSIC AND WELLBEING 26th August -14th October 1998

Rodgers & Associates
Law Practice

MUSIC AND WELLBEING 1st choice 2nd choice 3rd choice Please tick appropriate spaces. Surname: M F Name for Name Tag: Address: Telephone Number: **Payment** Course Fee: \$40 Cheques payable to Rodgers and Associates Please complete and return to: U3A Rodgers and Associates P O Box 6200 Dunedin North on or before Tuesday 26th May 1998. Enquiries to: **U3A Committee Member** Stan Andrews (03) 464 0098

The Programme

The idea that music is essential to personal and social wellbeing is an ancient one. In European culture since the early eighteenth century it has had many manifestations, from Haydn wanting to educate audience through his symphonies to modern research showing that music helps primary children develop maths and reading skills.

John Drummond escorts students on a journey through 250 years of examples of Music and Wellbeing, from the Age of Enlightenment to the modern Age of Confusion, visiting on the way Beethoven, brass bands, Elvis Presley, and the latest research on 'education through music'

MUSIC AND WELLBEING PROGRAMME 1998 (Wednesdays 10.30-12.30)

The eighteenth-century: Music, Virtuosity and Enlightenment

26th August

Farinelli and the King of Spain Philip &

> 2nd September

Lord Shaftesbury and Haydn: music and

moral education

The nineteenth century: Music and Social harmony

9th September

Beethoven and Elysium on earth

~16th September

Booze and brass bands

23rd September

→ Imperial splendour

The twentieth century: Mayhem,

Minimalism and Maths

30th September

From Parry to Presley to Punk
7th October

Minimalism and New Age

RETAIN THIS PORTION